

SFB 1399 Lecture Series:

WOMEN & SCIENCE Lunch Talk

11

14/12/2023, 12 am-1 pm

Friederike Reuver

*Psychologist, systematic coach and trainer at
Anfänge aller Art - Coaching*

» Fears & Worries:

Don't let them stop you!«

The lecture is open to everybody!

Explore strategies for managing fears and worries in this lunch talk. Learn techniques to empower yourself in challenging situations like stage fright, presentations, and more!

Online Event:

Join us for lecture and discussion.
Further information on our website
www.sfb1399.de



To join the meeting, please register here:
https://uni-koeln.zoom.us/meeting/register/tJluf-iqqTwiE9ZmttmuYUXjm_kRb0Q18kWI